

Committee:	Dated:
Community and Children's Services Committee	12/07/2019
Subject: Draft City and Hackney Mental Health Strategy 2019–23	Public
Report of: Andrew Carter, Director of Community and Children's Services	For decision
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Summary

This report presents a draft *City and Hackney Mental Health Strategy 2019–23* and an impact assessment for the 2015–18 strategy. The new strategy is being developed with City and Hackney Clinical Commissioning Group (CCG) and London Borough of Hackney, working with service providers and service users. This multi-agency, system-wide approach is reflected in proposals for the governance and oversight of the strategy.

Recommendations

Members are asked to:

- note the impact of the *City and Hackney Mental Health Strategy 2015–18*
- comment on the draft *City and Hackney Mental Health Strategy 2019–23*
- delegate approval of the final version to the Integrated Commissioning Sub-Committee.

Main Report

Background

1. The *Draft City and Hackney Mental Health and Wellbeing Strategy 2019–23* (see Appendix 1) has been developed as part of work being led by the Integrated Commissioning Board, to develop integrated approaches to health and social care, including mental health. Development has been overseen by a Mental Health Co-ordinating Committee bringing together partners, and supported by a joint editorial group with service user representation. It will replace and build on the legacy of the *Mental Health Strategy 2015–18*.
2. The strategy should be considered alongside the City Corporation's Joint Health and Wellbeing Strategy and Suicide Prevention Strategy and the City and Hackney CCG's *City and Hackney CAMHS (Child and Adolescent Mental Health Services) Transformation Plan*. It has been shaped by national policy initiatives such as the *Five Year Forward View for Mental Health* (2016) and *NHS Long Term Plan* (2019).

Impact and legacy of the 2015–18 strategy

3. The *City of London Mental Health Strategy 2015–18* was developed and delivered in partnership by the City Corporation and City and Hackney CCG. Delivery was supported and monitored by an Action Plan, with progress tracked by the Health and Wellbeing Board, and update reports provided to the Community and Children’s Services Grand Committee. An Impact Assessment for the 2015–18 strategy is provided in Appendix 2.
4. The *Mental Health Impact Assessment 2015–18* shows that the City Corporation has made excellent progress in delivery of the 2015–18 strategy, with City highlights including:
 - more connected communities and less social isolation with the implementation of the Social Wellbeing Strategy (e.g. Community Builders)
 - a Business Healthy ‘Release the Pressure’ campaign in Summer 2017, with campaign materials seen 30 million times in the first four weeks
 - creation of the Dragon Café at Shoe Lane as a space to ‘release the pressure’
 - Mental Health Street Triage with a significant reduction in the use of section 136 to detain people for assessment under the Mental Health Act
 - development and implementation of the Suicide Prevention Strategy.
5. The new strategy will build on the 2015–18 strategy in several ways, including:
 - developing the whole-system approach to mental health, extending our partnership approach through the Integrated Commissioning Programme
 - further improvement in access to psychological therapies with a new Mental Health Centre in the City of London
 - a focus on areas that have not been fully delivered, particularly a greater role for GP surgeries as part of the ‘neighbourhood’ approach.

Draft City and Hackney Mental Health Strategy 2019–23: Overview

6. The new strategy sets out a shared vision, approach and priorities. It has a focus on four groups: residents; workers; the most vulnerable (including the homeless and rough sleepers); and our diverse community.

Vision, approach and priorities

7. The *vision* is that: *‘Everyone will enjoy good mental health in the City and Hackney with access to the right care at the earliest opportunity when they need it, delivered as close to their local community as possible.’*
8. The *approach* takes the form of a commitment: *‘to working together to develop a whole system, all-age approach to mental health in City and Hackney, bringing together the NHS, local authorities, the voluntary and community sector, service users and other partners.’*
9. The five strategic priorities are:

- *Prevention*: We will prevent people from developing mental health problems in the first place, and provide help at the earliest opportunity when they do.
- *Access*: We will improve access to mental health support and services, to reflect the diversity of our communities, the most vulnerable and those whose mental health problems are masked by other needs.
- *Neighbourhoods*: We will aim to support people in the community wherever we can, working at 'neighbourhood' level with schools, GPs and voluntary and community services.
- *Personalisation and co-production*: We will continue to shift power and control to service users, giving them control of their own care and recovery, and involving them in the shaping of local services.
- *Recovery*: We will champion the social inclusion of people affected by serious mental health problems, focusing on their strengths and assets, housing, jobs and friendship networks.

10. The four *building blocks* to support delivery of the priorities are: people and workforce development; engagement with experts by experience, practitioners and partners; data and digital; and evidence-based policy and practice.

11. Key areas of activity will include:

- implementation of phase 3 of the transformation plan for CAMHS services
- improving access to care and support for people with complex needs
- an inclusive approach informed by an Equality Impact Assessment
- a greater role for GP and primary care services and the voluntary sector
- increased use of personal health budgets
- improved housing and employment support for people in recovery.

Proposed governance

12. In view of the integrated nature of this strategy, it is proposed that approval of the final document is delegated to the Integrated Commissioning Sub-Committee, which provides the City of London membership of the Integrated Commissioning Board.

Delivery

13. An Action Plan is in development to set out how we will deliver our aspirations in practice. The final version of the strategy will be informed by an Equality Impact Assessment.

14. Implementation will be overseen within the Integrated Commissioning Programme by a Mental Health Co-ordinating Committee and by the Core Leadership Groups for the four 'workstreams'.

15. Progress will be reported to the Health and Wellbeing Board at least annually, as well as to the Community and Children's Services Committee.

Next Steps

16. The strategy is being reviewed by committees across the City Corporation, London Borough of Hackney, City and Hackney CCG and the Integrated Commissioning Board. It is anticipated that the final version will be approved in September 2019.

Corporate Implications

17. The *City and Hackney Mental Health Strategy 2019–23* will make key contributions to delivering the following outcomes from the *City of London Corporate Plan 2018–23*:
 - People are safe and feel safe
 - People enjoy good health and wellbeing
 - People have equal opportunities to enrich their lives and reach their full potential
 - Communities are cohesive and have the facilities they need
 - Businesses are trusted and socially and environmentally responsible
 - We have access to the skills and talent we need
 - We are digitally and physically well-connected and responsive.
18. This strategy links to the following City Corporation strategies: Alcohol; Children and Young People's Plan; Homelessness and Rough Sleeping; Housing; Joint Health and Wellbeing; Local Plan; Local Transformation Plan; Safeguarding; Safer City Partnership; Social Wellbeing; and Suicide Prevention.

Legal and financial implications

19. There are no direct legal or financial implications.

Conclusion

20. The *City and Hackney Mental Health Strategy 2019–23* will be the overarching strategic document for the development of mental health interventions and services in the City of London, building on the 2015–18 strategy. It commits us to working closely with our partners and service users to develop an integrated, system-wide and neighbourhood-based approach to mental health.

Appendices

- Appendix 1 – *Draft City and Hackney Mental Health and Wellbeing Strategy 2019–23*
- Appendix 2 – *Mental Health Impact Assessment 2015–18*

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